



Milford High School Youth Spring Track Program Registration Form



Presented by the Gate City Striders and Hosted by Milford High School

This series of developmental meets is for youth athletes **ages 7 through 18** who are interested in gaining experience and guidance while competing in track and field events. Designed to prepare participants for the USATF Junior Olympic track and field championships beginning in June, all athletes are welcome.

Meet Date: ____ Sat. April 10 ____ Sun. April 25 ____ Sun. May 16 ____ Sun. May 23

Time: 1pm meet start

Place: Milford High School Track, Milford, NH. Directions can be found at <http://www.milfordschools.net/mhs/Web/directions.aspx>

Registration: Pre-entries requested – mail to: **58 Elm Street, Milford NH 03055**. Race Day registration from noon to 12:45pm.

Entry Fee: **\$10.00** per athlete per meet. This registration fee allows an athlete to enter as many events in a meet as they choose. Please make checks payable to: **Milford H.S. Track**.

Name: _____

Address: _____

Phone: _____ Gender: Male _____ Female _____

Email: _____

Emergency Contact Name and Phone: _____

Club: _____

Division:

____ Sub Bantam (birth year 2002-2003)

____ Bantam (birth year 2000-2001)

____ Midget (birth year 1998-1999)

____ Youth (birth year 1996-1997)

____ Intermediate (birth year 1994-1995)

____ Young (birth year 1992-1993)

Waiver: Please submit my entry into the Gate City Strider youth track and field meet. I assume all responsibility for and all risk of damage or injury that may occur to me if I participate in this event. I, hereby, for myself, my heirs, executors and administrators, release any and all sponsors of Gate City Striders from all claims, damages, rights of action coinciding with my participation in this track meet. I hereby certify that I am physically fit and able to compete in this event.

Participant's signature: _____ Date: _____

If under 18, parent's/guardian's signature: _____ Date: _____

Athlete Name: _____

Event Order and Selection: Please place a check mark in the box corresponding to each event to be entered. Check marks should be placed in only one column. For each event girls compete then boys. NOTE: Age groups and boys/girls may be combined in events.

	Girls Sub-bantam	Boys Sub-Bantam	Girls Bantam	Boys Bantam	Girls Midget	Boys Midget	Girls Youth	Boys Youth	Girls Intermediate	Boys Intermediate	Young Women	Young Men	
100/110 Hurdles													
100 Dash													
1500 Run													
4x100 Relay	registration form day of meet												
400 Dash													
200 Hurdles													
800 Run													
200 Dash													
3000 Run													
4x400 Relay	registration form day of meet												
Javelin													
Long Jump													
High Jump													
Pole Vault													
Shot Put													
Triple Jump													
Discus													
Turbo Javelin													